#### **Professional Disclosure Statement**

According to Alaska Statute Sec. 08.63.230. Disclosure statement. Before the performance of services, a licensed marital and family therapist in Alaska shall ensure that the client has been furnished a copy of a professional disclosure statement that contains the following:

### **Business Information**

Dr. Swinton LLC, PO Box 20287, Juneau, Alaska 99802; (907) 419-2848; drs@drswinton.com.

#### **Provider Information**

Jonathan Swinton, PhD

- Licenses/certifications held:
  - o Licensed Marital and Family Therapist, Board of Marital and Family Therapy, License #168942
  - o Board Approved Supervisor, Board of Professional Counselors, License #217537
  - Board Approved Supervisor, Board of Marital and Family Therapy, License #224051
  - Certified Medical Family Therapist, University of Nebraska Medical Center
- Education
  - Ph.D., Human Ecology, Marriage and Family Therapy specialization, Kansas State University,
    2011.
  - o Med.F.T. Certificate, Medical Family Therapy, University of Nebraska Medical Center, 2007.
  - M.S., Family & Consumer Sciences, Marriage & Family Therapy Specialization, University of Nebraska, 2007.
  - B.F.A., Art, Family & Human Development Minor, Utah State University, 2005.
- Services available
  - o Individual, family, and couples counseling.
  - o Mental health, substance use, and integrated assessments.
- · Diagnoses treated
  - o Mental health and substance use disorders as defined in the DSM-V-TR.
  - Relationship challenges.
- Treatment approaches most often used
  - Solution-focused therapy
  - Emotionally-focused therapy
  - Cognitive-behavioral therapy
  - o Family systems therapy approaches

## Fee Schedule

Intake Assessments: \$550

• Follow-up sessions: \$300

Same-day cancelations and no-show: \$150

Cancelations the day before your appointment: \$75

This information is required by the Board of Marital and Family Therapy, which regulates all licensed marital and family therapists. The Board can be contacted at: (907) 465-2550;

# Confidentiality

According to Alaska Statute Sec. 08.63.200. Confidentiality of communication. (a) A person licensed [as a marital and family therapist] may not reveal to another person a communication made to the licensee by a client about a matter concerning which the client has employed the licensee in a professional capacity. This does not apply to (1) a case conference or case consultation with other mental health professionals at which the patient is not identified; (2) the release of information that the client in writing authorized the licensee to reveal; (3) information released to the board as part of a disciplinary or other proceeding; (4) situations where the rules of evidence applicable to the psychotherapist-patient privilege allow the release of the information; (5) a communication to a potential victim or to law enforcement officers where a threat of imminent serious physical harm to an identified victim has been made by a client; or (6) a disclosure revealing a communication about an act that the licensee has reasonable cause to suspect constitutes unlawful or unethical conduct that would be grounds for imposition of disciplinary sanctions by a person licensed to provide health or mental health services, if the disclosure is made only to the licensing board with jurisdiction over the person who allegedly committed the act, and the disclosure is made in good faith.